Year 1 Autumn Term 2025
My Brilliant Body



Science

Animals including Humans: We will learn more about our bodies; identifying, naming, drawing and labelling parts of the human body; knowing which part of the body is associated with each sense. We will begin to explore the changes of the seasons with a focus on Autumn; observing and describing the weather associated with Autumn and how the day length varies.

Art and Design

Drawing: self-portraits inspired by Pablo Picasso's self-portraits. Focusing on light and dark (tone) and different lines to create pattern. Talk about how different pieces of art make us feel and what we like / dislike about them. Key Artists - Van Gogh and Picasso.

Music

Keeping the Pulse: To know that pulse is the regular heartbeat within music. To use our voices to speak with a beat. Use our voices to sing high and low sounds. To count the beats (syllables) in words. To know that notation is read from left to right. To read and play sound patterns.

PSHE

Me and My Relationships: Understand that classroom rules help everyone to learn and be safe; develop our listening skills; recognise our own and others' feelings and develop our vocabulary to talk about them; explore ways to deal with hurt feelings

English

Narratives:

The Tiger Who Came to Tea. The Lonely Beast. Make predictions. To know what a setting is and be able to identify where stories they read are set. Identify how a character in a story might be feeling and explain why. Describe what has happened in a story so far in order. Expand noun phrases to describe. Sequence sentences to form short narratives. Use capital letters, full stops and finger spaces as we learn to sit our writing on the lines with correct formation.

Poetry: A Sensory Stroll. Use our five senses to write our own poems.

Story time: Develop a love of reading; listening to stories and poems daily.

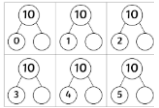
RE

We will explore **what Christians think God is like**. Learn the parable of The Lost Son and consider what this story means to Christians. Learn about our value thankfulness; what does it mean to be thankful and what are we thankful for? Celebrate Harvest with our community.

Mathematics

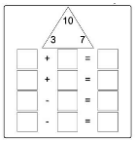
Number and Place value within 10

- Counting objects
- Representing numbers
- Counting on and back from a number
- Investigating 1 more & 1 less
- Comparing amounts
- Learning numbers as words



Addition and Subtraction within 10

- Introduce part-whole model
- Number bonds and fact families
- Reasoning and problem solving



Computing

Develop our mouse skills: log in to a computer and access a website; use mouse skills to draw and edit shapes; draw a scene from a story using digital tools; create a self-portrait using digital techniques. Reinforce online safety.

PE

Locomotion: We will explore moving into spaces, in different directions; at different speeds and apply this to games with rules. Learn what happens to our hearts when we exercise.

Gymnastics: We will using different body parts to create different shapes; big and small, work in pairs, use apparatus and describe how to be a 'champion' gymnast.

History

We will learn about changes in living memory and childhood then and now