Knowledge Organiser

SCARF

Year 1 - Me and My Relationships

Key questions

Feelings

Do we have the same feelings?
Why do we have different feelings?
How do we show our feelings?
What can we do when we have 'not so good' feelings?
What are safe and healthy ways to get angry energy out?
How can we help our feelings come out?

Getting Help

When do you need to ask for help?
Who can help you if you need help?

Classroom Rules

Who are classroom rules for?
Why do we need classroom rules?
What would school be like if we didn't have classroom rules?
Are classroom rules for the children or the teachers?
What can help children to keep the classroom rules?

Key vocabulary

friends help
rules family
hurt safe
feelings listen

I can ...

I can name a variety of different feelings and explain how these might make me behave.

I can think of some different ways of dealing with 'not so good' feelings.

I know when I need help and who to go to for help.

I can tell you some different classroom rules.